

Aerotoxin Syndrome and My Amazing Journey Back to Health!



Denise Blankinship retired as an American Airlines B757/767 Captain. She started at Piedmont Airlines and flew for the airlines for over 38 years. Before the airlines, Denise ran an airport, flight school, and charter service. She was named flight instructor of the year for the state of Georgia in 1976. To date, she has logged well over 30,000 hours of flying time.

During her airline career, she was exposed to aero-toxins on her aircraft. Learn more about her amazing story and how she went from near death to reclaiming her life. What is aerotoxin syndrome?

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My Story

Over the course of my 38 year airline career, I have been the Pilot in Command for multiple fume events. The first identified event was Dec 30th, 2009 on a Boeing 767. Our crew took US Airways aircraft 251 from Charlotte, NC to San Juan, Puerto Rico. We were exposed to neurotoxin poisoning throughout the flight. I had been an active and healthy person up to this point. After this flight, when I became inexplicably sick and found no relief through conventional medicine, I started my independent journey back to health.

It has taken almost \$500,000.00 with 8 years of trials and testing to find a series of products that have helped me recover my former lifestyle and health. I am happy to spare you the pain, agony, despair, expense and time and share what really worked for me.

This first neurotoxin poisoning event was compounded by additional neurotoxin poisoning exposure while flying the B757 and B767 for work.

On longer flights our flight crew is augmented with an International Relief Officer so the pilots can take a mini break or rest period during the flight. Anytime I took my rest break in the first class section of the aircraft, I would get sick. My lungs would feel restricted, my throat would swell and scratch and I would cough and sneeze for the duration of the flight. I had become allergic to the flying environment!

After one event on a flight from Charlotte to Dublin, Ireland in 2010, I lost my sense of balance and ended up falling several times. Not only did I have Aerotoxin Syndrome but the meniscus in my right knee had to be surgically repaired.

The torment continued when I started experiencing severe nerve pain all over my body and situational "brain fog". When after another event I was hospitalized, I spent Monday night thru Friday in ICU on 15 units of oxygen. To leave the hospital, I had to be down to 3 units which finally happened on Saturday. Two months later, my doctor told me if I was in another fume event it would kill me. He recommended going out on disability. I told him that disability was not an option, death was! In the end, I had to retire early from a job I loved but was killing me.

In a vicious cycle, I worked in an environment that was damaging then used my income to try to regain my health. I had emptied my savings and was spending most of my earnings on treatments to improve my health. I was determined to get better at any cost!

I was seeing conventional doctors and naturopath practitioners. Undergoing coordinated procedures and independent regimens, they recommended and promoted what they considered the "best of the best" supplements and medicines. It turned out that the supplements weren't all that good and the medicine had disastrous side effects. But, I was just too brain damaged and sick to demand the science and research behind these products.

At one time, I was on 33 pills three times a day, 14 homeopathic remedies, liquids and powders and additional IV therapy two or three times a week at a doctor's office costing \$490 a session. I had traveled twice to week-long Brain Restoration Therapy where I was videotaped by the doctor showing that I could not walk a straight line or crawl properly. I have also used essential oils and done sessions of cupping treatments, ear candling, magnet therapy, holistic iridology, bioenergetics and had my teeth and mouth treated by an alternative dentist.

In order to further my recovery, I spent over \$125,000 on equipment including the Megan bed, hyperbaric chamber, magna-charger, aqua foot de-tox equipment, beam ray frequency generator, sauna, and the Photon Genius.

I also changed my diet. Eating organic and juicing is great, but must be balanced with food and nutritional supplements. Sometimes too much of something like a juice cleanse, can have negative consequences. After working with a world renown nutritional bio-chemist, I realized that many times, due to different reasons, the human body is not able to absorb the nutrients it needs to heal itself. When you have toxin issues, almost nothing absorbs into the cells.

I was desperate to stay alive and wanted my health and life back!

My prayers were answered when I started using Victory Nutrition International products. Within days of starting a protocol regimen, I noticed huge improvements. My hope for a full and fulfilling future become a reality. Today, I am happy to say that I am finally healthy. I credit my recovery to these VNI products.

VNI products; Prodovite, ThionExtra, Brain Reward, and N-Sorb have saved my life by providing the nutrients my body needs to heal itself. It has renewed my health! These products have a proprietary prodosome delivery technology not found in any other food or supplement. They deliver 100% of the multi vitamin, mineral, phytonutrient complex in 5 minutes. There is proof and real science behind these products! Clinical studies, case studies, scientist and medical doctor papers and testimonials, as well as professional presentations at places like Harvard, and my own experience. The science of proof can be seen at VNIscience.com or in the biomedical literature on PubMed.

So, this is the story of my 8 year journey to recover from multiple aero-toxin events. Thank God my prayers have been answered! Should you find yourself similarly afflicted, I hope my research and trials will shorten your flight to ultimate health.

Blessings,

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